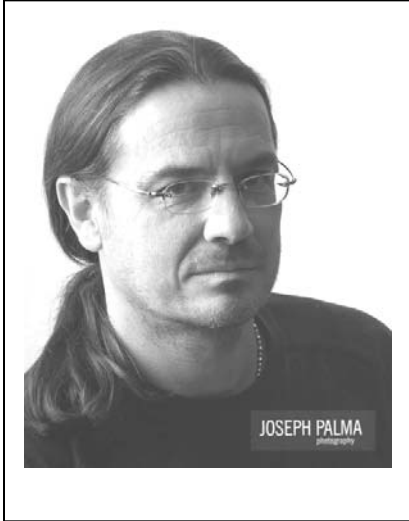


# The Bhagavad Gita

with Edwin Bryant, Ph.D · Feb. 27-Mar 1, 2009



The Bhagavad Gita is perhaps the most influential text from India. Spoken by Lord Krishna to Arjuna, who is undergoing a moment of existential crisis, the text deals with the nature of the self, the world, ultimate reality, the purpose of human existence, and the spiritual paths that can be undertaken to accomplish this purpose. There are primarily four paths, featured in the text through which one can unite with the Divine: the path of self-knowledge, **jnana yoga**; the path of action in the world, **karma yoga**; the path of meditation, **raja yoga**; and the path of theistic devotion, **bhakti yoga**. This workshop will undertake a detailed discussion of these four yoga systems, with contextual references to the background of the text and to some of the major streams of Hindu thought in general. No prior knowledge of Hinduism is necessary for this seminar; the only requirement is to bring an open mind and sincere heart. Students are encouraged to procure any edition of the text, particularly versions that have the Sanskrit text in Roman script, since we will chant some of the Sanskrit verses together.

**Edwin Bryant** received his Ph.D in Indic languages and Cultures from Columbia University. He taught Hinduism at Harvard University for three years, and is presently the professor of Hinduism at Rutgers University where he teaches courses on Hindu philosophy and religion. He has received numerous awards and fellowships, published six books and authored a number of articles on Vedic history, yoga, and the Krishna tradition. In addition to his academic work for the scholarly community, Edwin's Penguin World Classics translation of the Srimad Bhagavata Purana, the traditional source for the story of Krishna's incarnation, is both for Indology specialists as well as those interested in Hinduism.

As a yoga practitioner for 28 years, a number of them spent in India studying with traditional teachers, where he returns yearly, Edwin strives to combine academic scholarship and rigor with sensitivity towards traditional knowledge systems. In addition to his academic course load, Edwin currently teaches workshops on the Yoga Sutras, Bhagavad Gita, and Hindu Philosophy at yoga studios and teacher training courses throughout the country. His forthcoming translation of and commentary on the Yoga Sutras of Patanjali (North Point Press, a division of Farrar, Straus & Giroux, 2007) is specifically dedicated to contributing to the growing body of literature on yoga by providing insights from the major pre-modern commentaries on the text with a view to grounding the teachings in their traditional context.

<b>SCHEDULE</b>	Friday, February 27: 6pm – 8pm Saturday, February 28: 12-7pm Sunday, March 1: 9am to 1pm
<b>COST</b>	Entire weekend postmarked by Jan. 25: \$165, after Jan. 25: \$195
<b>REFUNDS</b>	No refunds unless your space can be filled, less \$25 administrative fee.
<b>LOCATION</b>	Yogarosa, 110 N. Federal Hwy # 304, Hallandale Beach, FL 33009
<b>PROPS</b>	Bring what you need to sit comfortably.
<b>REGISTRATION</b>	Send full amount, or a \$100 deposit to reserve your space.
<b>INFORMATION</b>	Return this form with your check payable to: <b>Yogarosa 110 N. Federal Hwy # 304, Hallandale Beach, FL 33009</b> (954) 456-6077 · <a href="mailto:yogarosa@msn.com">yogarosa@msn.com</a> · <a href="http://www.yogarosa.com">www.yogarosa.com</a>